

# WORKSHOPS

WORKSHOP 1				
THEME	TITLE	PRESENTER(S)	DESCRIPTION	LOCATION
LEADERSHIP AND EDUCATION	<b>Indigenizing Education: Creating Space &amp; Place for Alaska Native Students</b>	Maria Williams Beth Leonard UAA & UAF	Alaska Native faculty from the University of Alaska discuss unique programs for Alaska Native students at their respective campuses. These programs focus on Alaska Native studies, languages, science and engineering, business and the arts.	Mtg Rm 2
	<b>Bush Physics for the 21st Century</b>	Daniel Solie	Science that Prepares You for the Future, Connects You With The Past, and That You Can Use Today!	Expo 2
RESILIENCY	<b>Mental Decolonization in Greenland and Alaska: Comparing Issues</b>	Aviaja Egede Lynge	Sharing the need for mental decolonization in Greenland. Workshop participants will also compare issues between Greenland and Alaska, especially in regards to Identity and Self-worth.	Mtg Rm 1
	<b>Resiliency and the Impacts of Colonization</b>	Vicki Hykes Steere Cynthia "Sis" Bolivar	Knowing our history is the first step in healing our families, communities and thriving. What does Resiliency and Decolonization mean? What are the impacts on our communities and families? How does it affect us now?	Mtg Rm 3
HEALTH AND WELLNESS	<b>Teens Acting Against Violence (TAAV)</b>	Elizabeth Stegeman Yvonne Aloralrea Kisha Lee KC D'Onfro Alfred Michael Tundra Women's Coalition	TAAV is a violence prevention and education group for youth through Tundra Women's Coalition. Learn about issues such as domestic violence, teen dating violence, sexual assault, types of abuse, suicide, substance abuse, etc. through dialogue and activities.	Expo Hall Bball
	<b>Natural Helpers: Helpers of Today, Leaders of Tomorrow</b>	Elias Kelly Reynold Okitkun Lower Yukon School District	Natural Helpers is a peer support program created to for suicide intervention and prevention. The program structure creates student leaders and peer mentors. Come and learn about this unique model that might help in your community!	Tikahtnu2
CULTURE AND LANGUAGE	<b>Troth Yeddha' Nutrition Project</b>	Sarah McConnell, Flora Deacon, Dorothy Savage Joseph UAF Interior – Aleutians Campus	This project celebrates nutrition, health and traditional Native foods and activities. Workshop participants will experience the power of each person to contribute to community wellness.	Mtg Rm 4
	<b>Creating Our Future By Sharing Our Past and Honoring Today</b>	Flossie Spencer Big Brothers, Big Sisters	We have always learned best from someone in our community teaching us our traditions and way of life. This workshop encourages Elders to share what is most important with today's youth, and for the youth to ask about what they would most like to learn from their Elders.	Expo Dance
	<b>The Circle of Life, Connecting Elders and Youth</b>	Pearl Brower Gloria Lomuscio April Phillip Janelle Everett Ilisagvik College	Sometimes our differences keep us from connecting. Come have fun with your Elders by having meaningful conversations and playing "musical chairs" in this exciting workshop session hosted by the only Tribal college in AK.	3rd Floor Foyer

*Foundations built. Futures strengthened.*

Honoring the past. Celebrating the present. Preparing for the future.

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THEME	TITLE	PRESENTER(S)	DESCRIPTION	LOCATION
LAND, LAW AND POLICY	<b>Dialogue with Elders &amp; Youth – led by the Alaska Native Representatives of Alaska’s Congressional Delegation</b>	Kristi Williams Tiffany Zulkosky Mary Hiratsuka Alaska Delegation	An interactive dialogue focusing on community issues, solutions, and participant action. Your voice can have direct impact on federal policy - lead the change you want to see in your community!	Tikahtnu 1
	<b>Finances and Credit- What you need to know</b>	Wells Fargo	Learn about personal finances and credit in a way that helps you understand its impact on your future.	Mtg Rm 5
	<b>Youth and Elders: Caretakers of our Land</b>	Chelsey Kasayulie	Participants will interact with each other in a talking circle to strategically think of ways to bring Elders and Youth together. There will be discussion and exchange of ideas to create hope and a call to action for your community.	Expo 1

WORKSHOP 2				
THEME	TITLE	PRESENTER(S)	DESCRIPTION	LOCATION
LEADERSHIP AND EDUCATION	<b>Access to Higher Education: College Applications, Writing College Essays, Financial Aid and Putting Your Best Foot Forward</b>	Holly Stebing Yale University Olga Skinner UofA-Fairbanks	This crash course will help prepare college bound students with application tips, real knowledge of the application process and what colleges are looking for. The Financial Aid process will also be discussed as a key for college success.	Tikahtnu 2
	<b>Building Native Communities: Financially Fit Teens</b>	Jon Panamaroff Jaci Ree First Nations Oweesta Corporation	This workshop takes the traditions of our Native culture, in regards to resource management, and shows how to apply these long-standing traditions into asset creation in our current day economy.	Mtg Rm 2
RESILIENCY	<b>Climate Change Impacts on Rural Alaska’s Natural Resource Harvesting Practices</b>	Larissa Sommer	Natural resource harvesting practices are an essential part of life for Alaska Natives. Climate change is impacting ecosystems across the state affecting our subsistence way of life. Discuss changes in your areas and possible solutions.	Expo 1
	<b>Speaking Out in Our Own Language: Traditional Languages of Alaska and the Law</b>	Thomas Stenson Natalie Landreth Lawrence Kaplan Panigkaq Agatha John-Shields ACLU of Alaska Foundation	In a listening circle, the presenters will share perspectives on Alaska Native languages and hear from Elders and youth about their languages. Focus: How the law protects and promotes Alaska Native languages, what traditional language speakers need, and how to keep our languages alive.	3rd Floor Foyer
	<b>My Native Identity: A Race-y Issue</b>	Margaret David Warren Jones Stefanie Cromarty Liz Hensley Kellogg Project Host Group, ANPC	“Today you are You, that is truer than true. There is no one alive who is Youer than You.”- Dr. Seuss. Many factors impact Native identity today – urban vs. rural, traditional vs. contemporary, etc. This workshop creates space to talk through this complex issue, and empowers participants to embrace themselves exactly the way they are.	Expo Hall Bball

# WORKSHOPS

WORKSHOP 2				
THEME	TITLE	PRESENTER(S)	DESCRIPTION	LOCATION
HEALTH AND WELLNESS	<b>Connecting Alaskans to Prevent Suicide- Social Media Tools and Opportunities</b>	Kate Burkhart Thomas Chard Teresa Baldwin Statewide Suicide Prevention Council	Changing the legacy of suicide requires changing the ways in which we attempt to prevent and recover from suicide. Learn how to use social media to support communities working to reduce suicide and its tragic impact.	Mtg Rm 5
	<b>Learning From the Past, Planning for the Future: Strategies for Youth Violence, Bullying, and Suicide Prevention</b>	Theresa Devlin Scott Haigley Denise Middlebrook Kauffman & Associates, Inc.	This workshop will present a process that facilitates reflection on a community's past, examines community readiness to learn, and to plan prevention. Participants will examine how healthy relationships improve the overall health of a community.	Mtg Rm 3
CULTURE AND LANGUAGE	<b>Developing a Lesson Plan Using a Story Like "Seaweed Picking Time"</b>	Della Cheney	Our Native stories contain important lessons. Learn how to use one of your stories to create a lesson plan to share with your family, school or class.	Expo Dance
	<b>The Success of the Elder Mentor Program in Rural Alaska-Who Are Our Heroes?</b>	Jenny Bell Alaska Community Services	We will talk about the Elders and what is it they do. So many times we say 'we respect our Elders' so participants will take a closer look at what this means, and Elders can share their stories.	Tikahtnu 1
LAND, LAW AND POLICY	<b>Know Your Rights</b>	Imari Rene Anthony Rouzan Alaska Native Justice Center	This workshop is designed to help reduce Disproportionate Minority Contact (DMC) with law enforcement by educating Alaska Native Youth and Elders of their rights as citizens.	Mtg Rm 4
	<b>Let's Talk Subsistence!</b>	Verner Wilson III, Frank Woods Stacey Rolf Violet Wilson Alannah Hurley Trout Unlimited	Explore and celebrate subsistence as a vital part of Alaska Native people's lives. Discuss our deep cultural connections as well as the history and issues surrounding our subsistence right rights in Alaska.	Mtg Rm 1
	<b>Village Relocation Efforts: Mapping, Policy &amp; Creative Solutions</b>	Victoria Hykes Steere Michael Loso Michelle Alaska Pacific University	Discussion on how collaborative efforts between agencies, communities, students, village governments and universities assist communities being impacted by climate change. Elders and youth questions and concerns are strongly encouraged.	Expo 2

## Monday Afternoon Regional Breakouts Locations

### 3RD FLOOR

- Tikahtnu 1 .....Aleut
- Tikahtnu 2 .....Bristol Bay
- Foyer..... Sealaska

### 2ND FLOOR

- Kahtnu 1 ..... Bering Straits
- Kahtnu 2 ..... ASRC
- Tubughneng' 3 ..... CIRI
- Tubughneng' 4 ..... Doyon
- Tubughneng' 5 ..... NANA
- Boardroom 6 ..... Koniag

### 1ST FLOOR

- Exhibit Hall 1 ..... Chugach
- Exhibit Hall 2 ..... Ahtna
- Exhibit Bball..... Calista